Clay City High School

Page 1	AF	PŘIL BŘEAKFAST 20	Mar 11, 2025			
Monday	Tuesday	Wednesday	Thursday	Friday		
Mar - 31 DONUT, YEAST POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 1 BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 2 DUTCH WAFFLE BACON POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 3 BREAKFAST SANDWICH POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 4 PANCAKES & SYRUP SAUSAGE LINKS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK		
Apr - 7 DONUTS, VARIETY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 8 BIS. AND GRAVY POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 9 FRENCH TOAST STICKS SAUSAGE LINKS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 10 BREAKFAST PIZZA POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 11 CINNAMON ROLLS BACON POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK		
Apr - 14 DONUT, YEAST POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 15 BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 16 DUTCH WAFFLE BACON POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 17 BREAKFAST SANDWICH POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 18 GOOD FRIDAY (NO SCHOOL)		
Apr - 21 DONUTS, VARIETY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 22 BIS. AND GRAVY POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 23 FRENCH TOAST STICKS SAUSAGE LINKS POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 24 BREAKFAST PIZZA POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 25 CINNAMON ROLLS BACON POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK		
Apr - 28 DONUT, YEAST POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 29 BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Apr - 30 DUTCH WAFFLE BACON POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	May - 1 BREAKFAST SANDWICH POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	May - 2 PANCAKES & SYRUP SAUSAGE LINKS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK		

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

Clay City High School APRIL BREAKFAST 2025

Page 2

Mar 11, 2025

ond	ay	Tue	sday		Wedr	nesday	7	hursc	lay	F	riday
				Weekly	% of				% of	Weekly	
		Average		Target	Target		Average		Calories	Target	
	Calories	508		450-600	100%	Sugars	43.33*	g	34.12%	-	
	Cholesterol	21	mg			Protein	13.67	g	10.77%		
	Sodium	439	mg	640		Carbohyd	84.82	g	66.80%		
	Fiber	6.21	g			Tot. Fat	13.15	g	23.30%	<=30.0%	
	Iron	5.55	mg			Sat. Fat	3.92	g	6.95%	<10.00%	
	Calcium	290.54	mg								
	Vitamin A	775	IU								
	Vitamin C	52.64	mg								

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